



COLUMBIA FOUNDATION SCHOOL

D – Block, Vikas Puri, New Delhi - 110018

HOLIDAY HOMEWORK

CLASS- PRE - SCHOOL

Summer vacations are synonymous with fun, getting up late in the morning, playing for longer hours with friends, going for picnics, exploring new places and watching fun filled shows on television. But there is lot more you can do to make your child's vacation more interesting, meaningful and full of fun.

Here is a "**Summer vacation activity Treasure Box**" just for you. So get ready for your treasure hunt along with your parents.

- Encourage your child to **cultivate picture reading habit** and **narrate moral stories** to him/her from the magazine like Magic pot, panchtantra ki kathain, Jataka tales etc.
- "A Healthy Mind lives in a Healthy Body". Encourage your child to **go out and play**, let him/her **get hurt and dirty**. It's okay for him/her to fall down and experience pain once in a while. Comfortable life within the sofa cushions will make your child lazy. Take photos of his/her playtime and paste it in a Project file.
- Keep your child **away from T.V, Mobile phones, Computers** and other electronic gadgets as they are a hurdle in their growth. As far as TV shows are concerned, let the child watch the TV shows under your supervision. Several creativity based and fun filled programmes like Art Attack, Tenali Rama, Masha & The Bear, Masha's Tales, Chhota Bheem, Shaun- The Sheep, Pega Pig, Mr. Bean are worth watching. Choose TV shows wisely and restrict the time limit for him/her.
- Make your ward habitual of sleeping by 8 'o' clock.
- Communication skills play a vital role in grooming the overall personality. **Converse in small sentences in English regularly** with your child like:-
 1. May I have a glass of water/ milk please
 2. Mumma, please give me a glass of water.
 3. Mumma please give me one more chapatti.
 4. Mumma/ Papa, please help me in doing my work.
 5. Mumma, Can you make a sandwich/ Rajma chawal for me?
 6. Mumma/ Papa, Let's go out for a picnic/shopping mall etc.
 7. Mumma/ Papa, Let's go out to the park.
 8. Can we eat fruits together? OR Mumma, Let's eat fruits together.
 9. Can I go and wash my hands? OR Can I go to wash my hands?
- Encourage your child to play Indoor games like Chess, Ludo, Carrom Board or Scrabble etc.
- Teach your child the importance of healthy food & encourage him/her to avoid junk.
- **Helping Parents At Home**
Teach your child to :-

1. take bath on his/her own.
2. dust his/her Study/Centre table daily.
3. fold his/her washed clothes daily.
4. keep his/her toys in their right place.

- **Fun Activity-** No Doubt! Holidays are time to travel and visit new places.

Make an attractive presentation of the following in a **Project File**.

1. Paste a captivating photograph of any one of the interesting places you have visited during vacations.

- . Paste a photograph of the mode of transport you have used and also mention the distance.
- . Collect something nice and fascinating from the places you have visited. The child can paste real objects or the photos (e.g pebbles/ leaves/ seeds/ flowers etc.)

2. Be Nature Friendly:- Click your Selfie with nature and paste it.

If you are visiting any hill station, avoid using/ carrying mineral water bottles as plastic is cancerous to our health. Use natural spring water available there.

In the same manner make your child aware of the disadvantages of packed food.

Avoid using packed food as it contains preservatives.

Don't litter here and there.

Avoid using plastic bags.

3. Be Loving & Caring towards Animals:- Adopt an animal (e.g dog/ cat/ fish/ rabbit/ bird etc.).

Capture a photograph with it and paste it.

*** Kindly use A-4 size sheets for this Project File**

- **Movie Time:** - Enjoy any of the following movies with your child's favourite snacks and healthy drink. **Ugly Dolls, Incredible 2, Despicable Me 3, Avengers: Endgame etc.**
- **Following Activities should be done on A-4 size sheet and send them in a Hand made paper/ jute/ cloth folder. Your child's name and class should be mentioned on it. Also paste his/her passport size photo on it.**

Activities for Fine motor Development

1. Do scribbling with crayons.
2. Draw big objects and colour.
3. Practice all the strokes done in the class.
4. Do activities like Hand printing, Finger printing and Thumb printing in an object. You can also use vegetables like lady finger, capsicum, onion, lotus stem for impressions.

Activities for Cognitive Development

1. Learn A-Z orally with phonetics
2. Learn different words related to Alphabet A-L

English/Hindi Recitation Competition:- Prepare your child for English / Hindi Rhyme competition which will be held after summer vacations. He/ She must use props and do actions.

Written Practice Work

Make a 3-in-1 practice copy and do practice of alphabet A a, Bb, Cc, Dd atleast 3 pages of each. Practice of Numbers 1, 2, 3, 4, 5 should be done atleast 3 times in the same notebook.

Look into the eyes of your little one and thank God for giving you one- wonderful gift. In a few years from now, they will be soaring into greater heights. As parents, it is important to invest your time with them now.

Wish you a marvelous vacation.

Summer break will be from 15th May, 2019 to 30th June, 2019. The school will re-open on 1st July, 2019.